



## **Report: Williamson County first in state for health**

By Victor O'Brien

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**WILLIAMSON COUNTY — Williamson County finished first in Texas when it comes to being a healthy place to live, according to a national health rankings report.**

CountyHealthRankings.org, a combination of reports that analyze and rank health in counties and parishes in all states, rates Williamson County as first in Texas, a Williamson County news release stated.

A high rate of high school graduation (85 percent) and college attendance (71 percent) compared to other counties were one of the several highlights in the report.

Additionally, 81 percent of adults said they are physically active during free time, second only to Travis County in Texas, the news release stated, citing a Center for Disease Control report.

Wide access to health care through six hospitals and clinics, particularly Lone Star Circle of Care, has helped the county, the news release stated.

Despite many positives, the report highlighted several areas where Williamson County lagged behind national levels, particularly for excessive drinking, air quality and access to healthy foods.

The Williamson County and Cities Health District Board of Health formed the Williamson County Health Data Users Group in 2010 to help bring together local groups and entities for information sharing and strategizing on improving health care in the county.

For more information, visit [County Health Rankings](#) and [Williamson County and Cities Health District website](#).

**Courtesy of JB Goodwin**